

Club 55 Senior Center

By Club 55 Senior Center Correspondent Carol Burrows

We have people ask about doing some of the activities at Club 55 because they are not a 'member'. The definition of member (as a noun) is a person belonging to a particular group. If you participate in any of the senior center activities, you are a member. There are no dues and for the most part you just need to stop in to see what is happening. So, what's in a name...member...neighbor...friend?

We do have a new membership form so we have information for emergency contacts should they be needed while you are at Club 55. This is information that will not be shared but will be a convenient way to reach you if needed. We have paper forms at Club 55, or you can fill one out online using the link at: <https://www.lakemills.k12.wi.us/recreation/club55seniorcenter.cfm>

Mark your calendars for Thursday, September 2, at 1:00 for an important discussion. Millions of conversations will happen today, but there is one few of us have had. A conversation about the care we want when seriously ill or nearing the end of life. A conversation about the person we'd like to speak for us if we can't do it ourselves.

All it takes is a car accident or a stroke. This conversation is important for anyone over the age of 18 and best of all, the conversation and documents are free.

Please plan to join us as Lori Partoll, Medical Social Worker, from Fort HealthCare, brings this important program to the Lake Mills Club 55 Senior Center. (229 Fremont St., the RLAC building. It's likely the best conversation you'll ever have. You will have an opportunity to complete a document, if you wish to do this. Bring the names and phone numbers of the people you would trust to carry out your health care wishes. For more information call Carol Burrows 920-918-3176.

It is a welcome sight to see more folks enjoying the activities offered at Club 55. We are very aware that just as we were hopeful that we were rounding the curve with the pandemic, it is not through with us yet! We stay updated with the latest reports and will take all precautions if needed. As all of you are, we too, hope to not need to revert to the past months.

Please check the calendar of events for our daily schedule at:

<https://www.lakemills.k12.wi.us/recreation/calendar-of-events-club55.cfm>

The Bia meal for August 25 is Spaghetti and Meatballs, Italian salad, bread, and dessert. Hard to believe that will be the last August meal and then we roll into September! Meals are \$10.55 and are delivered already prepared and ready to reheat. Beth and Jason deliver to Club 55 at 2:30 each Wednesday. Your order must be placed by Friday of the week before, so they have time to get their shopping list together.

It was nice to see them having an afternoon drive with their dog, Ziggy, as they are usually dashing about town. They stopped for a brief visit as I was getting one of three loads ready to go to the compost site. The weather was perfect for catching up in the yard and I can now lean over and not worry about my eyes after my cataract surgery. It is pretty hard to pull weeds without bending over.

For those of you who have not taken advantage of Jane's Kayak group but have been meaning to, there is no time like the present! Plus, as we move into September and cooler days, the lake also cools down, although it is beautiful to see the fall trees while cruising the lake. The kayak group meets on Fridays at 9am. If you need to borrow a kayak, please call the Club 55 cell at 920-728-2176 to reserve one. If you have your own kayak, check the calendar for the location to dock.

There have been some beautiful cards made in Pat's cardmaking class each Thursday at 10:45. She brings all the materials, but you may want to bring your own scissors or glue drops.

Our next Bingo is Wednesday, August 25, from 1-2:30 in the gym at RLAC. Join us for fun and prizes. We have the cards and chips, or you may bring your own dabbers, buttons, or coins.

